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Erasmus+ Programme
of the European Union



State University of Physical Education and Sport

Results of the implementation of the COMPASS Project within the State University of Physical Education and Sport



TOWARDS EUROPEAN UNIVERSITY LIFELONG LEARNING
MODEL IN MOLDOVA – COMPASS
Reference number: 597889-EPP-1-2018-1-MD-EPPKA2-CBHE-SP

Adelina GHETIU – PhD, Head of the LLL Department,
COMPASS institutional coordinator of SUPES

29.09.2022

SUPES Senate meeting



**Proces-verbal nr. 2
al ședinței Senatului USEFS
din 29 septembrie 2022**

Președinte : dr. hab. prof. univ. V. Manolachi

Prezenți: 26 membri

Secretar: dr. conf. univ. V. Brega

Absenți: 4 membri

ORDINEA DE ZI:

1. Raport de activitate a Universității de Stat de Educație Fizică și Sport în an. univ. 2021 – 2022.
(Raportor: Manolachi V., Rectorul USEFS) .

2. Dotarea și dezvoltarea accesibilității colecțiilor Bibliotecii USEFS.
(Raportor: Ciumașu A.)

3. Activitatea comisiei de admitere – 2022. (Raportor: Calugher V.)

4. Aprobarea programului de activitate al Consiliului Științific al USEFS pentru an. univ. 2022-2023 (Raportor: Budevici-Puiu L.)

5. Aprobarea planurilor de activitate ale Departamentelor USEFS pentru an. univ. 2022- 2023.
(Raportori: șefii departamentelor)

6. Aprobarea planurilor de activitate ale Consiliilor Facultăților USEFS pentru an. univ. 2022-2023 (Raportori: decanii facultăților)

7. Informație despre îndeplinirea Hotărârii Senatului USEFS „Cu privire la valorificarea rezultatelor activității de cercetare științifică cu referire la programul de studii la Catedra Managementul Culturii Fizice” din 29 septembrie 2021.
(Raportor: Sirghi S.)

8. Aprobarea Raportului privind rezultatele implementării în cadrul Universității de Stat de Educație Fizică și Sport a Proiectului COMPASS (Project acronym: COMPASS. Project full title: TOWARDS EUROPEAN UNIVERSITY LIFELONG LEARNING MODEL IN MOLDOVA. Project No: 597889-EPP-1-2018-1-MD-EPPKA2-CBHE-SP. Funding Scheme: Erasmus+) (Raportor: Ghețiu A.)

9. Diverse



UNIVERSITATEA DE STAT DE EDUCAȚIE FIZICĂ ȘI SPORT
SENATUL USEFS

Extras
din proces - verbal nr. 2
al ședinței Senatului USEFS
din 29.09.2022

Prezenți: 26 membri
Absenți: 4 membri

S-A DISCUTAT: *Aprobarea Raportului privind rezultatele implementării în cadrul Universității de Stat de Educație Fizică și Sport a Proiectului COMPASS (Project acronym: COMPASS. Project full title: TOWARDS EUROPEAN UNIVERSITY LIFELONG LEARNING MODEL IN MOLDOVA. Project No: 597889-EPP-1-2018-1-MD-EPPKA2-CBHE-SP. Funding Scheme: Erasmus+)*

S-A HOTĂRĂȚ: *A aprobat, în varianta propusă, Raportul privind rezultatele implementării în cadrul Universității de Stat de Educație Fizică și Sport a Proiectului COMPASS (Project acronym: COMPASS. Project full title: TOWARDS EUROPEAN UNIVERSITY LIFELONG LEARNING MODEL IN MOLDOVA. Project No: 597889-EPP-1-2018-1-MD-EPPKA2-CBHE-SP. Funding Scheme: Erasmus+).*

Hotărârea a fost adoptată cu următoarele rezultate ale votului deschis: pro - 26,
contra - 0, s-au abținut - 0.

Dr. hab. prof. univ. V. Manolachi,
Președinte al Senatului USEFS

Dr. conf. univ. V. Brega,
Secretar al Senatului USEFS





Institutional structures responsible for LLL

- The Continuing Education Coordinating Council within SUPES (Order no. 72 of 30.12.2019)**
- The commissions for ensuring the LLL process within the relevant chairs/departments**



Achievements / Results of project implementation

WP 4

Dissemination at national level

❖ National events organized by DPCT

I.

- 2018 - 2020 (4 **round tables**) - **The concept of lifelong learning: motivational approach. Educational partnerships(on-line).** Participants: 221 physical education teachers from general education institutions and coaches from sports schools in the country.

II.

- 2020 – 2021 (**2 round tables**) - The concept of lifelong learning: motivational approach. Educational Partnerships (on-line). Participants: 58 physical education teachers from general education institutions and coaches from sports schools in the country.

III.

- 2021-2022 (1 **round table**) – The impact of educational partnerships on the development of the lifelong learning process. The COMPASS project. Participants: 27 coaches from the sports schools in Chisinau, Soroca, Balti, Ungheni, Dubasari.

IV.

- **07.12.2018 / 20.12.2019 / 17.12.2021 / 14.01.2022 – Informative-methodological seminar** Strengthening the partnership between the academic community and other social actors. Educational partnerships. Participants: 93/130/167/114 people (directors and physical education teachers from general education institutions and directors/coaches from sports schools in the country, representatives of OLSDI and MECC, university teaching staff, students.

Co-funded by the Erasmus+ Programme of the European Union

COMPASS
Towards European University
Lifelong Learning in Moldova

Universitatea de Stat de Educație Fizică și Sport
Departamentul Formare Profesională Continuă

Proiectul "CĂTRE MODELUL UNIVERSITAR EUROPEAN DE ÎNVĂȚARE CONTINUĂ ÎN MOLDOVA – COMPASS"

**Conceptul de educație pe parcursul vieții:
abordare motivațională**

Adelina Ghetu, doctor în științe pedagogice,
lector univ., directorul DFPC, USEFS

09 noiembrie 2020 Masă rotundă cu profesorii de educație fizică

Participants: Adelina Ghetu (Organizator, я), Ana Mamolea, Ludmila, Rodica, HPLudmila Tiron, https://us04web.zoom.us/j/cod..., Rusu Mihail, Valentin Zveaghintev, Adelina Rudnic, Ala Cristian, Anatolie Curchi, Andrei Erhan, Apostol Alexandru.

09.11.2020 15:07



❖ Participation at national events

- **Participation in the Seminar on "Successful Practices in the Field of Continuing Professional Teachers Training based on the experience in Finland and Estonia" . February 23-25.03.2021 (on-line), time 13.30 – 17.00 (Katri Targara (Estonia); Tarja Lang (Finland)).**
https://usefs.md/PDF_NEW/192015.pdf

- **Participation in the Workshop on new teaching-learning methods based on the experience of Estonia and Finland (training workshop for trainers of the Excellence Centres and the 15 centres for Continuing Teachers Education in the Republic of Moldova). March, 30 – April, 1 2021 (on-line).**

https://usefs.md/PDF_NEW/192015.pdf

Participation in the Methodical Meeting of coaches and physical education teachers from Telenesti , February 09, 2022. Communication: The role of the Project "Towards the European university model of continuous learning in Moldova - COMPASS" (Erasmus+) for the formation of the ULLL culture at the institutional and national level.

<https://fb.watch/duGivLTEKm/>



- **Master-class activity with the generic "Sports and leisure tourism", 15.05.2022. Camp in Mindrești, Telenesti.**

https://youtu.be/XFZ0BRxCr_4





❖ **Massmedia publications:**

- **Information at *the Newscast, Radio-Moldova*, regarding the implementation of the COMPASS Project (Erasmus +) within SUPES. Commentator: Andriuța Ion. Newscast . TIME 17.00/28.11.2020.**

https://usefs.md/PDF_NEW/RadioMoldova_Buletin%20de%20stiri_oras%2017.00_28.11.2020.pdf

- **Information at *the Newscast, Radio-Moldova*, regarding the implementation of the COMPASS Project (Erasmus +) within SUPES. Commentator: Andriuța Ion. Newscast . TIME 17.00/30.12.2020.**

https://usefs.md/PDF_NEW/RadioMoldova_Buletin%20de%20stiri_oras%2017.00_28.11.2020.pdf

- **The broadcast „Sport Contact”. Radio Moldova. 18.03.2022.**

<https://doc-0c-as->

docs.googleusercontent.com/docs/securesc/lebg8kl7v6vovl29c9ittnmgec9duphg/bpontkj80p2pkq4sn4p03ma8t8bcr0dn/1654586250000/11788837470208509614/11788837470208509614/1qWGAbGJqP3xl16jUzMgdDysLIyNbx_8J?e=download&authuser=0



Dissemination at institutional level

❖ Events organized in institution:

- **Seminar with the department deans and heads on the appointment of LLL coordinators in the departments “Cooperation for innovation and exchange of good practices”, 11.10.2019.**

http://usefs.md/PDF_NEW/COMPASS_SEMINAR_11.10.2019.pdf

- **SUPES Open door days, 17.04.2019, www.usefs.md.**

- **Review / update and public consultation of the Statute/Regulation of Continuing Vocational Training Department within SUPES, 14.06.2020.**

https://usefs.md/PDF_NEW/USEFS_STATUTUL%20DFPC_final.pdf

- **Presentation at the SUPES Senate meeting of draft documents: *DCPT Statute and SUPES Strategy on Continuing Vocational Training for 2021-2025*. 30.03.2021.**

Minutes of the SUPES Senate meeting no. 9 of 30.03.2021.

https://usefs.md/PDF_NEW/USEFS_STATUTUL%20DFPC_final.pdf

https://usefs.md/PDF_NEW/USEFS_Strategia%20FORMARE%20CONTINUA_final.pdf



❖ Institutional web publications:

- **General information**
- **Dissemination events**
- **COMPASS monitoring**
- **Study visits**
- **Publications**
- **Drafted documents**

http://usefs.md/proiect_compas.php



❖ social media publications (facebook/yotube)

- The methodical meeting of coaches and physical education teachers from the **Telenesti district**. February 09, 2022. Communication: The role of the Project "Towards the European university model of continuous learning in Moldova - COMPASS" (Erasmus+) for the formation of the LLL culture at the institutional and national level.<https://fb.watch/duGivLTEKm/>
- Master-class activity with the generic "Sports and leisure tourism", 15.05.2022. The camp of **Mindrești, Telenesti**.
https://youtu.be/XFZ0BRxCr_4

Information on the participation of project team members in study visits: Austria, Belgium, Finland, Spain, France, Italy.
<https://www.facebook.com/UsefsMoldovaOfficial/>



Study visits

No.	Visit was held:	Participants:
1.	Danube University from Krems, Austria, 06-10.05.2019	Budevici-Puiu Liliana, Ghețiu Adelina
2.	Catholic University de Louvain, Louvain-la-Neuve, Belgium, 17-20.09.2019	Ghețiu Adelina, Mocrousov Elena, Calugher Viorica, Amelicichin Ecaterina
3.	University of Barcelona, Institutute of LLL, Spain, 11-15.11.2019	Ghețiu Adelina, Mocrousov Elena, Dorgan Viorel, Manolachi Victor
4.	University from Turku, Finland, 11-15.10.2021	Ghețiu Adelina, Mocrousov Elena Onoi Mihail, Craijdan Olga (Covid)
5.	University of Brest, France, 06-10.06.2022	Ghețiu Adelina, Mocrousov Elena
6.	University of Graz, Austria, 20-24.06.2022	Ghețiu Adelina, Mocrousov Elena Onoi Mihail
7.	University of Genova, Italy (UniGe), 12-16.09.2022	Ghețiu Adelina, Mocrousov Elena, Onoi Mihail, Dorgan Viorel



Dissemination at international level (abroad events/publications)

- ❖ **Events participation – 1:** XXVIII All-Ukrainian scientific and practical conference of the Central Ukrainian State Pedagogical University named after Volodymyr Vinnichenko (*Craijdan Olga*).
- ❖ **Publications – 1:** The level of satisfaction of physical education teachers from the introduction of the pilot course III „Theoretical and methodological bases of professional training of physical education teachers in gymnastic sports ” (*Craijdan O.* Збірник наукових праць XXVIII Всеукраїнської науково-практичної конференції Центральноукраїнського державного педагогічного університету імені Володимира Винниченка. Кропивницький: ФОП Піскова М.А., 2022. 302 с.)
<https://drive.google.com/file/d/1Yg33TOkaQ1E1S8Ia6unriiywxsF-ILal/view?usp=sharing>

Dissemination at international level (events/publications in the country)

❖ Events participation

- Participation in the COMPASS Summer School, July 01 – September 15 2020.
https://usefs.md/PDF_NEW/Scoala_de_vara_on-line_in_cadrul_proiectului_COMPASS.pdf
- Communication in the workshops on the COMPASS project (Dorgan V.). The International Scientific Congress «Sport. Olympism. Health", Vth Edition, 11.09.2020.
https://drive.google.com/file/d/1asDjYdjCBZ60NSXUzqZYfviqD_Y52FOO/view?usp=sharing



***Ghetiu Adelina.* Communication „COMPASS achievements and obstacles for project s activities implementation at the State University of Physical Education and Sport”. COMPASS monitoring, online session/ Monday, 3rd June 2021, 13:00.**

<https://drive.google.com/file/d/10gjrvtybPHVXa4A89oErVLkPEAhmuGof/view?usp=sharing>

❖ Publications:

- Article COMPASS project (ERASMUS +): Opportunities for the development of continuing vocational training programs (*Ghetiu A.*)

In: SPORT. OLYMPISM. HEALTH. Materials of the International Scientific Congress. 5th Edition, September 10-12, 2020, Chisinau. 10 pp. ISBN 978-9975-131-98-8. Pag. 263

https://www.usefs.md/PDF_NEW/USEFS_Sport.Olimpism.Sanatate_culegere%20congres.pdf

- The Article Theoretical-methodical bases of professional training of physical education teachers in gymnastic sports (Craijdan O.) presented at the International Scientific Conference "Continuous training of the physical culture specialist in the modern acmeological concept". 1st Edition, December 3, 2020. Chisinau: Valinex, 2020. P.27-36. ISBN 978-9975-68-417-0



- Article COMPASS project (ERASMUS +): Development of continuing education programs through implementation of the Compass project (Erasmus +) (*Ghetiu A.*). In: Sports. Olympism. Health: International Scientific Congress: *Collection of Articles*, 6th Edition, September 16-18, 2021. Chisinau. 356 pp. ISBN 978-9975-131-99-5. Pag. 109

<https://drive.google.com/file/d/1L7PlwwtbDnpuXS6XGSC3KsjRUkLc5MFM/view?usp=sharing>

- Article Study on the relationship between personal values and motivation of physical education and sports teachers (*Ghetiu A.*). In: Proceedings of the International Scientific Conference, 2nd edition, 02.12.2021, 218 p., pp. 48-53, ISBN 978-9975-68-440-8. 0.44 a.s.
- Article Priorities of the continuing professional training of gymnastics coaches (*Ghetiu A.*). In: Proceedings of the International Scientific Conference, 2nd edition, 02.12.2021, 218 p., p. 72-77, ISBN 978-9975-68-440-8. 0,44 a.s.



Article COMPASS project (ERASMUS +): Impact of the COMPASS Project (ERASMUS+) on the development of lifelong learning culture
(*Ghetiu A.*). *In: Sports. Olympism. Health: International Scientific Congress: Collection of Articles*, 7th Edition, September 15-17, 2022. Chisinau.

Training on LLL courses (*Online Summer School COMPASS*)

No. of teachers who participated in trainings	No. of elaborated programs (syllabus).
10	5

Development/updating of LLL courses

- Elaborated courses with guidance of EU partners

	Title	Author	No. of hours, credits	Form of teaching
1.	The theoretical-methodical bases of the training of physical education teachers in gymnastic sports	Craijdan Olga	90/3	Mixt
2.	Sports and leisure tourism	Onoi Mihail	90/3	Mixt
3.	Communication and sports language	Luca Aliona	90/3	Mixt
4.	Practical aspects of kinetotherapy application for preschool and primary school age children	Pogorlețchi Ala	90/3	Mixt



- **Courses elaborated without guidance of EU partners:**

	Title	Author	No of hours , credits	Teaching form
1.	Fitness and recreation programs	Ghețiu Adelina	1200/40	Mixt
2.				



Piloting of LLL courses

a) Pilotated courses:

Title of course	Period of piloting	Target public	Teaching form	No. part.	Link Mapa drive
The theoretical-methodical bases of the training of physical education teachers in gymnastic sports	18-24.04. 2021	physical education teachers	Mixt	58	https://drive.google.com/drive/folders/1Pp33DNfJys1nniN8msrcnxymEo2wc7X?usp=sharing
Sports and leisure tourism	02-04.04. 2021	physical education teachers	Mixt	44	https://drive.google.com/drive/folders/12DAnx0FhMyQfHWimnndpMYDPylFAhVHd?usp=sharing
Communication and sports language	15-24.11. 2021	Coaches in different sports events	Mixt	56	https://drive.google.com/file/d/18dl7z0e5p6WUe1xt5kB6pcAmkwvcg-w7/view?usp=sharing
Practical aspects of kinetotherapy application for preschool and primary school age children	November 2022	physical education teachers	Mixt		-



b) COURSES implemented continually (sold)

Title of course	Period of piloting	Target public	Teaching form	No. part.	Link Mapa drive
The theoretical-methodical bases of the training of physical education teachers in gymnastic sports	20.03-03.04.2022	Physical Education teachers Gymnastic s coaches	Offline	17	https://drive.google.com/file/d/18572fIChsSxtrkX8IplAK26Kc6TRu385/view?usp=sharing
Sports and leisure tourism	09-17.04.2022	Physical Education teachers, coaches	Offline	23	https://drive.google.com/file/d/1l3ALuyBcLIUvQLdDpi0BSUGtdHhhGRa5/view?usp=sharing



Acquisition, installation of the equipment

Equipment in the amount of 35 thousand euros was purchased, installed and used

<https://drive.google.com/drive/folders/1xPPABAU0bReIFsBZEb2uJstyGHDhBCQY?usp=sharing>



Elaboration/revision/update of institutional documents regarding continuing professional training



Document name	Working group	Approved
SUPES DPCT Statute	Ghețiu Adelina Dorgan Viorel	SUPES Senate, minutes no. 9 of 30.03.2021 https://usefs.md/PDF_NEW/USEFS_STATUTUL_DFPC_final.pdf
SUPES strategy on continuing professional training for the period 2021-2025	Calugher Viorica Amelicichin E. Ghețiu Adelina	SUPES Senate, minutes no. 9 of 30.03.2021 https://usefs.md/PDF_NEW/USEFS_Strategia%20FORMARE%20CONTINUA_final_en..pdf
Handbook of Lifelong Learning Services	Mocrousov Elena Ghețiu Adelina	SUPES Senate, minutes no. 8 of 31.03.2022 https://drive.google.com/file/d/1Qegn9wXhzIrgz_1qypTYZrhFbTLLLkS3/view?usp=sharing
Implementation guide for lifelong learning services	Ghețiu Adelina Calugher Viorica	SUPES Senate, minutes no. 2 of 29.09.2022 https://usefs.md/PDF_NEW/USEFS_Ghidul%20IPV.pdf
List of lifelong learning services	Ghețiu Adelina Calugher Viorica	SUPES Senate, minutes no. 8 of 31.03.2022 https://drive.google.com/file/d/1UDVoL9Z92wQELAEFXmTBHlvb1jJgVhQu/view?usp=sharing
Catalog of LLL programs	Ghețiu Adelina	LLL coordinator Council https://usefs.md/PDF_NEW/Catalog%20programe%20FPC.pdf
Regulation regarding the activity of the SUPES LLL Coordinating Council	Ghețiu Adelina	SUPES Senate, minutes no. 4 of 11.02.2020 https://usefs.md/PDF_NEW/Reg%20ACCFPC%20USEFS.pdf



ULLL Services were piloted in July -August 2022:

1. Catalog of LLL courses(on-line)

Information block posted on the web page of the Continuous Professional Training Department of SUPES, through which the beneficiary documents about the programs offered by SUPES, trainers, timetable, etc. and has the possibility to enroll in the continuous professional training program.

Beneficiaries: individual and institutional users of LLL services.

Terms of service: free of charge.

Indicators will be collected:

- The number of consultation requests based on the LLL Course Catalog developed, approved and posted on the official website of SUPES :

https://www.usefs.md/PDF_NEW/Catalog%20programe%20FPC.pdf - 164 people

- **Number of users of the LLL Course Catalog and official webpage :** Almost 132 consultations/advisors <https://docs.google.com/document/d/1m2EaYJx26I-Z3CbtGFcnu-klzeN2xpMf/edit?usp=sharing&oid=111798657693153653355&rtpof=true&sd=true>

- **Number of candidates/beneficiaries in LLL programs :**

✓ Enrolled in LLLprograms :

	By 30.06.2022	By 10.09.2022
Physical education	32	68
Sports training	27	73

-Full coverage of funding places from the state budget and with a fee for higher bachelor's and master's studies in the 2022 admission session – 100%



2. Assistance in obtaining provisional operating authorization and accreditation of LLL courses

The purpose of the service is to support the structures within SUPES and EXTERNAL ONES in order to obtain provisional operating authorization and/or accreditation for LLL programs.

Specific activities:

- 1) consultancy with reference to the procedure for obtaining the provisional operating authorization and/or accreditation;
- 2) support in the development of files for provisional operation authorization and/or accreditation of LLL programs.
- 3) **Beneficiaries:** the departments/deanships of SUPES involved in offering LLL programs; external beneficiaries - specialized centers within other educational institutions, private companies, etc., providers of LLL services.

Terms of service: free for SUPES subdivisions, FEE-PAYING for external service providers.

PERFORMANCE INDICES:

- The number of participants in the Workshop on the development of files for provisional operation authorization and/or accreditation of LLL programs held with LLL program coordinators– **32 participants:**

<https://drive.google.com/file/d/16dhkkhQwtj8vJN00xSjvhaW0bLf50MJ/view?usp=sharing>

- The number of people questioned regarding the process of drawing up reports with reference to the provisional operating authorization and/or the accreditation of the applied LLL programs and the number of respondents - **24 people**
- The number of self-assessment reports of LLL programs in order to authorize provisional operation and/or accreditation of LLL programs– **3 reports**



THANK YOU FOR YOUR ATTENTION!

