

## **The final resolution of the International Congress “Sport. Olympism. Health”**

On the 5-8 of October in Chisinau, at the State University of Physical Education and Sport was held the International Scientific Congress “Sport. Olympism. Health” dedicated to the 65<sup>th</sup> anniversary of the organization of higher education in the system of physical culture of the Republic of Moldova. The representatives of 10 countries from Europe and Asia participated in it.

The scientific forum took place under the patronage of the International Olympic Committee and the International Association of the Universities of Physical Education and Sport. The organizers of the Congress were the Ministry of Youth and Sport, Ministry of Education, the State University of Physical education and Sport and the Olympic Academy of the Republic of Moldova.

The following issues were decided to be discussed at the Congress: sport and health, theoretical and methodical bases of sportsmen’ preparation, Olympism as a philosophy of life, healthy lifestyle, social, cultural moral, psychological and organizational aspects of the problem, the innovative technologies of sportsmen’s preparation, biomechanical means in the sportive practice and physical health-improving activity; psychological problems of sports activity, management and legal assurance in sport, the theoretical and methodological bases of recreative rehabilitation and adaptive physical culture, Olympism and Paralympism; health-improving and prophylactic activity among the children and youth in the educational establishments, socioeconomic, managerial and legal aspects of the Olympic Movement.

The plenary meeting of the International Scientific Congress was held in the Palace of the Republic, in which more than 400 representatives of the universities participated. At the plenary meeting of the forum made their greeting speech:

1. Veaceslav Manolachi, dr.hab., university profesor, rector of the State University of Physical Education and Sport.

2. Gheorghe Duca, academician, the President of the Academy of Science of Moldova.
3. Valeriu Canțer, academician, the president of the National Council of Accreditation and Attestation of the Republic of Moldova.
4. Victor Zubcu, the Ministry of Youth and Sport of the Republic of Moldova.

During the meeting there were presented the following reports:

1. Manolachi V. *The structuring of the training annual cycle of the performance judokas on the basis of optimal combination of different training influences.*
2. Platonov V. *Doping in the Olympics: crisis phenomena and the ways to control it.*
3. Bulatova M. *The cultural and historical heritage of the Olympic Sport.*
4. Scripnic V. *115 years notion "sports heart": the conflict of its defence programs as a source of pathology or revendication.*
5. Vizitei N. *Olympism as a philosophy of life.*
6. Jura C. *Court of Arbitration for Sport.*

More than 200 persons became the participants of the section meetings, who have higher degrees and also specialists in various domains of scientific knowledge, closely connected with the discussed problems of the International Scientific Congress.

The participants of the Congress revealed a high scientific level of their reports and speeches.

The following issues have become as the leitmotive of the forum: the problems of the sportsmen's preparation at the different stages of multiannual training, the nation's state of health and the realities of the modern Olympic Movement.

In the context of discussed topics were revealed the problems of professional preparation system of the competitive specialists in sport, physical

culture, recreative, rehabilitation and adaptive physical culture, Olympism and the expediency of its actualization.

300 articles were prepared for the Congress and its materials are edited in 2 volumes. The presented materials on the electronic and paper transmitters permit to widen substantially the sphere of the Congress.

The scientific part of the Congress has ended with a Master Class displayed by the specialists in domain from Romania, PhD in pedagogy Moroșan Larionescu Virgil and the professor of the preuniversity education Paul Horga. At the Master-Class there was presented a new team game “Touchball” with the aim of its popularization among the specialty of physical education and sports domain from many countries of the world. More than 200 persons participated in this Master-Class.

The Congress confirms the necessity of holding the International Scientific forums on the basis of the leading higher educational establishments of physical education and sport. The priority directions of their activity must become not only the presentation of discussion platforms and changing of advanced experience but also the searching of new forms of interpersonal, interbranch and international scientific cooperation of young scientist, which can become as a foundation for more valuable realization of the creative potential.

On the basis of generalization of reports and articles presented at the Congress we can formulate the following resume:

- The Congress participants express their encouragement of the attempts of the members of the International Association of Universities of Physical Education and Sport for keeping the traditions of mutual beneficial cooperation in scientific and educational domain, the assistance in organizing and holding the international and scientific forums and also in increasing the mobility of all subjects of educational process.

- With the aim of widening the informative range of the profile knowledge, the Congress presents for examining the proposal about the possibility to create on the basis of the State Universities of Physical Education and Sport of the Republic

of Moldova an electronic resource where to place the publications of the leading specialists of the certain organization.

- Taking into account the declaration of the Olympic Movement as a core sportive issue in the Republic Moldova, the Congress appeals to the Ministry of Youth and Sport, Ministry of Education, National Olympic and Sport Committee with a request to intensify their activity for widening the contingent of its participants by attracting representatives of various parts of population, to differentiate the forms of holding different events, to devise programmes directed to the acquainting of youth with the Olympic values.

- Taking into consideration the unsatisfactory nation's healthy state, the Congress appeals to the legislative and executive bodies of the Republic of Moldova to give assistance in devising the Concept of forming the culture of healthy lifestyle and the strategy of its realization, the introduction of which will permit the population of the country to last its long-standing period of life and perform their proper social functions.

- In order to increase the quality of sports reserves it is necessary to continue the devising and involving in the training process of the innovative technologies, to pass from the old (archaic) methods to the more modern ones, which proved to be good in practice, to provide the sportsmen's activity with the scientific and methodical devices.

- In the system of professional preparation of the staff it is recommended to improve the activity directed to the actualization programmes based on modern scientific and methodological achievements and also on the advanced practice experience of the international educational communities.

- In the domain of nonspecialized physical education it is necessary to introduce everywhere the modern, scientific and practical recommendations of all basic components of physical culture, physical education, mass sport (sport for all), recreative and health improving physical culture.

The resolution is adopted by the participants of the International Scientific Congress "Sport. Olympism. Health" on the 7<sup>th</sup> of October 2016.

